

## Week 2 tasks

BEYOND THE INTERNAL VEIL OF ILLUSION. Everything exists within you.

Do the cutting of the cords process every morning and evening.

Before asking the questions do the hand on heart breathing aligning with the words, I AM the Universe.

## **REFLECTIVE QUESTIONS**

Name them to claim them.

Reflecting on The Launching Pad, what illusions did I break through?

What does this statement mean? The Universe exists within me, and I exist within the Universe.

How do I feel about this truth? All perceived external spiritual sources come from within. Beyond time and beyond space.

- 1. How am I living this already, if at all?
- 2. How can I apply this in my life?
- 3. How will integrating this truth enhance my life?

## **POWER QUESTIONS**

Name them to claim them. Power questions invoke a response.

What does it mean to be an energy being as a human being?

What do I believe that needs to elevate and integrate into knowing?

- Write down three people who have qualities you admire and what those qualities are.
- Find where you too have those same qualities and rate from 1 5 (five being you live with that quality very high, one being not much at all. This rating is not for you to judge yourself, merely to observe.
- Do the same process for the qualities you dislike and judge in others.

Ask each day as you read the rules of the game. Am I living each rule?

Complete your weekly landscape creation on Sunday.